



Juvenalis
WELLNESS TESTING
BY EUROFINS BIOMNIS

Sample preparation checklist for the referring laboratory



Biomnis

- ▶ Patient must have fasted before samples collection.
- ▶ Tubes with phase separator (gel) are prohibited.
- ▶ It is essential to state the nature of the sample on each tube sent.

Category of tubes: Li heparin EDTA Dry Sodium citrate Urine flask Pot with stools

MiniCheck

Tubes to be collected

- 4 dry tubes
- 1 tube sodium citrate

Pretreatment
of samples

Tubes to be sent (7 tubes)

- 2 x 2 mL refrigerated serum
- 2 x 1 mL refrigerated serum
- 2 x 2 mL frozen serum ❄️ < 4h
- 1 mL frozen citrated plasma ❄️ < 1h

BasicCheck

Tubes to be collected

- 1 tube EDTA
- 5 dry tubes
- 1 tube sodium citrate

Pretreatment
of samples

Tubes to be sent (7 tubes)

- 3 mL refrigerated EDTA whole blood
- 2 x 4 mL refrigerated serum
- 1 mL frozen serum ❄️ < 4h
- 2 mL frozen serum ❄️ < 4h
- 1 mL frozen serum (protect from direct light) ❄️ < 1h30
- 1 mL frozen citrated plasma ❄️ < 1h

AgeCheck Woman

Tubes to be collected

- 4 dry tubes
- 1 tube sodium citrate

Pretreatment
of samples

Tubes to be sent (4 tubes)

- 5 mL refrigerated serum
- 2 x 2 mL frozen serum ❄️ < 4h
- 1 mL frozen citrated plasma ❄️ < 1h

AgeCheck Man

Tubes to be collected

- 4 dry tubes
- 1 tube sodium citrate

Pretreatment
of samples

Tubes to be sent (4 tubes)

- 4 mL refrigerated serum
- 2 x 2 mL frozen serum ❄️ < 4h
- 1 mL frozen citrated plasma ❄️ < 1h

DermaCheck

Tubes to be collected

- 3 dry tubes
- Urine (1st miction of morning)

Pretreatment
of samples

Tubes to be sent (4 tubes)

- 5 mL refrigerated serum
- 1 mL frozen serum ❄️ < 4h
- 1 mL frozen serum (protect from direct light) ❄️ < 1h30
- 4 mL of refrigerated urine

DigestCheck

To be collected

- Stools

To be sent

- 1 refrigerated stool sample

FertiCheck Man

Tubes to be collected

- 1 tube EDTA
- 4 dry tubes
- 1 tube sodium citrate

Pretreatment
of samples

Tubes to be sent (5 tubes)

- 3 mL refrigerated EDTA whole blood
- 4 mL refrigerated serum
- 2 mL frozen serum (protect from direct light) ❄️ < 1h30
- 2 mL frozen serum ❄️ < 4h
- 1 mL frozen citrated plasma ❄️ < 1h

For the unitary Juvenalis analyses, please prepare the sample for analysis as indicated on the Eurofins Biomnis test guide.
For intestinal microbiota, you are required to order a special kit from our Eurofins Biomnis Connect client portal..



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Category of tubes: Li heparin EDTA Dry Sodium citrate Urine flask Pot with stools

FertiCheck Woman

Tubes to be collected

- 2 tubes EDTA
- 4 dry tubes
- 1 tube sodium citrate

Pretreatment
of samples

Tubes to be sent (7 tubes)

- 2 x 3 mL EDTA whole blood
- 2 x 3 mL refrigerated serum
- 2 mL frozen serum (protect from direct light) ❄️ < 1h30
- 2 mL frozen serum ❄️ < 4h
- 1 mL frozen citrated plasma ❄️ < 1h

Minerals

Tubes to be collected

- 2 dry tubes
- Urine (1st miction of morning)

Pretreatment
of samples

Tubes to be sent (2 tubes)

- 3 mL refrigerated serum
- 4 mL refrigerated urine

NutriCheck

Tubes to be collected

- 1 tube EDTA
- 3 dry tubes
- 1 tube sodium citrate

Pretreatment
of samples

Tubes to be sent (5 tubes)

- 3 mL refrigerated EDTA whole blood
- 2 x 3 mL refrigerated serum
- 1 mL frozen serum (protect from direct light) ❄️ < 1h30
- 1 mL frozen citrated plasma ❄️ < 1h

OxyCheck

Tubes to be collected

- 2 dry tubes
- 3 tubes of Li heparin

Pretreatment
of samples

Tubes to sent (6 tubes)

- 1 mL refrigerated serum
- 1 mL frozen serum ❄️ < 4h
- 2x 2 mL refrigerated Li heparin plasma
- 2 mL frozen Li heparin plasma ❄️ < 1h30
- 1 pellet lithium heparin : frozen ❄️ < 1h

VeggieCheck

Tubes to be collected

- 2 tubes EDTA
- 3 dry tubes
- 1 tube sodium citrate
- Urine (1st miction of morning)

Pretreatment
of samples

Tubes to be sent (6 tubes)

- 2 x 3 mL EDTA whole blood
- 4 mL refrigerated serum
- 1 mL frozen serum (protect from direct light) ❄️ < 1h30
- 1 mL frozen citrated plasma ❄️ < 1h
- 4 mL refrigerated urine

Vitamins

Tubes to be collected

- 4 tubes EDTA
- 1 dry tube
- 1 tube of Li heparin

Pretreatment
of samples

Tubes to be sent (7 tubes)

- 3 mL refrigerated EDTA whole blood
- 3 x 3 mL EDTA whole blood (protect from direct light) ❄️ < 4h
- 1 mL refrigerated serum
- 1 mL frozen serum (protect from direct light) ❄️ < 1h30
- 2 mL frozen Li heparin plasma (protect from direct light) ❄️ < 4h

Nutritol™ food intolerances

Tubes to be collected

- 2 dry tubes

Pretreatment
of samples

Tubes to be sent (1 tube)

- 3 mL refrigerated serum