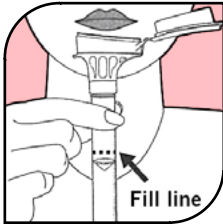


## Protocol Self-collected saliva sample for Covid testing

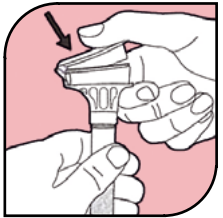


Sampling should be done at least 30 minutes after the last intake of food, drink, chewing-gum, cigarette / e-cigarette, tooth brushing or oral rinsing.

### COLLECT SALIVA



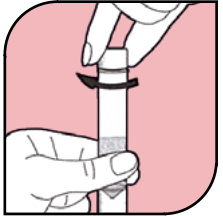
- 1 Do not remove the cap containing the liquid.  
Start by spitting into funnel until the amount of liquid (not bubbles) reaches the fill line shown in the picture.  
Spitting must be done without coughing or throat clearing. It is recommended to collect the salivary liquid after "salivating" several times for 30 seconds in the mouth to generate a certain volume.  
The sample can be taken at any time of the day.



- 2 Hold the tube upright with one hand. With the other, close the funnel lid by firmly pushing the lid until a loud click is heard. The liquid in the lid will be released into the tube to mix with the sample. Make sure that the lid is closed tightly.



- 3 Hold the tube upright. Unscrew the funnel from the tube.



- 4 Use the small cap to close the tube tightly.



- 5 Shake the capped tube for 5 seconds. Discard the funnel.



- 6 Collected specimen is potentially infectious and should be handled with appropriate biosafety practices. Decontaminate the tube with a virucidal wipe.

### PROVIDE PATIENT INFORMATION

- 7 Fill in the patient's name, first name, date of birth and sample collection date on the tube label. Please use a permanent marker.

### SEND THE SAMPLE

- 8 Place the tube in the RT-PCR yellow bag provided by Eurofins Biomnis.  
Sample must be stored and transported at ambient or refrigerated temperature.

